



## **Bruce B. Becker M.D.**

Dr. Becker is a clinical professor of ophthalmology at the Jules Stein Eye Institute, UCLA Geffen School of Medicine. He teaches the UCLA residents every week in surgery of the eyelids. Dr. Becker teaches doctors from all over the USA and other countries in the annual UCLA Blepharoplasty and Aesthetic Surgery Meetings. He has extensive experience in eyelid and brow surgery. As an oculofacial plastic and reconstructive surgeon, Dr. Becker specializes in eyelid and brow surgery. He is a member of The American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS). ASOPRS is a small group of surgeons who specialize in eyelid, brow, lacrimal, facial and orbital surgery.

## **VISIT US**



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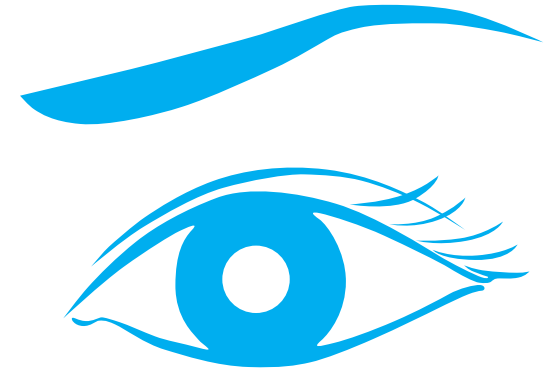


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## **BRUCE B. BECKER M.D**

Ophthalmic Plastic and  
Reconstructive Surgery

**Clinical Professor of Ophthalmology**

**Jules Stein Eye Institute**

**UCLA Geffen School of Medicine**

## OUR CLINIC FOR YOU

*Welcome and thank you for choosing us*

Our Los Angeles and Westlake Village area eyelid, oculoplastic cosmetic & reconstructive surgery offices are led by our highly skilled oculoplastic surgeon, Dr. Bruce Becker. He is committed to providing you with the personalized, expert care that you deserve.

Whether your goal is to achieve a more youthful appearance or to improve your quality of life, we can help you achieve your personal goals. We are committed to providing outstanding patient care which includes the comprehensive patient services of education, consultation, treatment and follow-up care.

### EYELID REJUVENATION

Your eyes are often the first thing that people notice about you, and are an important aspect of your overall appearance. Young eyelid skin is smooth, but over time, the eyelid skin stretches, the fat bulges, and the muscles weaken. Age, heredity, and sun exposure all contribute. The upper lid skin crowds over the upper lids and may cause hooding at the outer corners of the eyes making you look sad, tired or angry. When severe enough, the upper eyelid skin may hang over the lashes and obstruct peripheral vision. The lower lids become puffy from fat pushing the skin.

### BLEPHAROPLASTY

Dr. Becker performs surgery to remove excess skin and bulging fat from the upper or lower lids. The surgery is called blepharoplasty. If the sagging skin obstructs peripheral vision, blepharoplasty can eliminate the obstruction and expand the visual field. Blepharoplasty will also give the eyes a more youthful appearance.

Excess skin and fat are removed from the upper lid through an incision hidden in the natural eyelid crease. If the upper lid is droopy, the muscle that raises the lid can be tightened. The incision is then closed with fine sutures.

Fat in the lower lid can be removed or repositioned through an incision hidden on the inner surface of the lid (transconjunctival blepharoplasty). If there is excess skin in the lower lid, the incision is made just below the lashes. Fat can be removed or repositioned through this incision, and the excess skin is removed. The incision is then closed with fine sutures.

### BROW LIFT

Blepharoplasty will not elevate the brow. A procedure to elevate the brows may be appropriate in addition to a blepharoplasty. Correction of brow ptosis can be made with incisions directly above the brows, in the forehead creases, or at the hairline. Other techniques involve incisions just in front of or behind the hairline.

## AFTER SURGERY

Cold compresses are applied to reduce swelling and bruising. Antibiotic ointment is prescribed. Strenuous activity should be minimized for several days. Warm compresses are recommended after several days to increase blood flow to the area and promote healing.

Discomfort is generally mild. Acetaminophen pain relievers may be necessary post-operatively. Aspirin products, non-steroidal anti-inflammatory medications like ibuprofen and Aleve, fish oil (omega 3), and other blood thinners should be avoided before and after surgery as they may increase bruising and the risk of bleeding. Most patients are able to return to regular activities within several days.

## WHAT ARE THE RISKS?

Excessive pain, bleeding or infections are uncommon, visual loss is rare. Dryness can occur and is generally temporary. As with any medical procedure, there are inherent risks that will be discussed by Dr. Becker.

## IS SURGERY EFFECTIVE?

Blepharoplasty and brow lift surgery can provide both a more youthful appearance and functional improvement.